

West Midlands North Foundation School

Individual Placement Description – University Hospitals of North Midlands NHS Trust

| Placement | FY1 Endocrinology & Diabetes Mellitus |
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| The department | Medicine |
| The type of work to expect and learning opportunities | Acute management of metabolic disturbance - e.g. hyponatraemia, calcium imbalance, other electrolyte abnormalities, DKA, HHS. Treatment of diabetic nephropathy, AKI on CKD, heart failure - acute/chronic, bronchopneumonia, severe cellulitis, sepsis, rarely pre-op pituitary disease. There are occasional patients with Cushing's disease, Phaeochromocytoma and Conn's disease. There is a weekly departmental meeting for CPD for the whole team. All the FY1 doctors in the last 3 years except two who preferred Anaesthetics have done audits and presented as 1st author abstracts at national or international conferences. |
| Where the placement is based | Royal Stoke University Hospital |
| Supervisor(s) for the placement | Dr G Varughese & Dr L Varadhan |
| Main duties of the placement | Clerking of new patient admissions to the ward, examination and arriving at a differential diagnoses and initial management plans Management of cohort of in-patients under designated consultant team with daily morning Consultant ward rounds Liaising with various MDTs and presenting patients at these meetings e.g. upper/lower GI, lung, Urology, Neuro, Neuroendocrine, Pituitary. Initiating the discharge planning process and linking in with community teams as well as hospital specialist nurses (anticoagulation, diabetes, lung CNS, palliative care/end of life) & other specialities. |
| Typical working pattern in this placement | 0900-1900 and nights they are based in AMU. Weekdays 0900-2130 - 0900- 1700 based on own ward, 1700-2130 out of hours cover on medical wards. Weekends/Bank Holidays 0900-2100 & 0900-2130 based on AMU |
| Employer information | University Hospitals of North Midlands NHS Trust |

It is important to note that this description is a typical example of your placement and may be subject to change.